

## **JANUARY 2023**

**Swallow Schoo** 

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Nuggets Taco Salad	Salisbury Steak Hamburger or Cheeseburger	2 Beef Tacos Chicken Patty	Cheese or Pepperoni Pizza Hamburger or Cheeseburger	French Toast w/ Sausage Chicken Wrap
•	French Fries Green Beans	Mashed Potatoes Gravy Cauliflower Dessert	Rice Refried Beans Fiesta Corn	Breadstick Broccoli	Hashbrowns Cinnamon Apples
	Chicken Strips Taco Salad	Chicken Ala King Hamburger or Cheeseburger	Chili Chicken Patty	Cheese or Sausage Pizza Hamburger or Cheeseburger	13
	Tator Tots Cauliflower Au Gratin	Rice Pilaf Peas	Corn Niblets Cinnamon Roll	Garlic Toast Green Beans	NO SCHOOL
	16	Mini Corn Dogs Hamburger or Cheeseburger	Walking Taco Chicken Patty	Cheese or Pepperoni Pizza Hamburger or Cheeseburger	Cheese Bread Chicken Wrap
	NO SCHOOL	French Fries Broccoli & Cheese	Rice & Beans Dilly Carrots Pudding Cup	Pasta Spinach Salad	Breadstick Maple Brussel Sprouts
	Pancakes & Sausage Taco Salad	Yogurt Pak Hamburger or Cheeseburger	Meatballs & Gravy Chicken Patty	Pizza Pizza Hamburger or Cheeseburger	Hot Dog on a Bun Chicken Wrap
	Tri Tators Applesauce	Mexican Rice Corn Birthday Cake	Au Gratin Potatoes Green Beans	Garlic Toast Fiesta Salad	Mac & Cheese Baked Beans
	Cheese Pizza Taco Salad	Grilled Cheese Hamburger or Cheeseburger		7 • *	
	Chips & Salsa Mixed Vegetables	Tator Tots Tomato Soup Cookie			

Menu subject to change due to supply shortages